



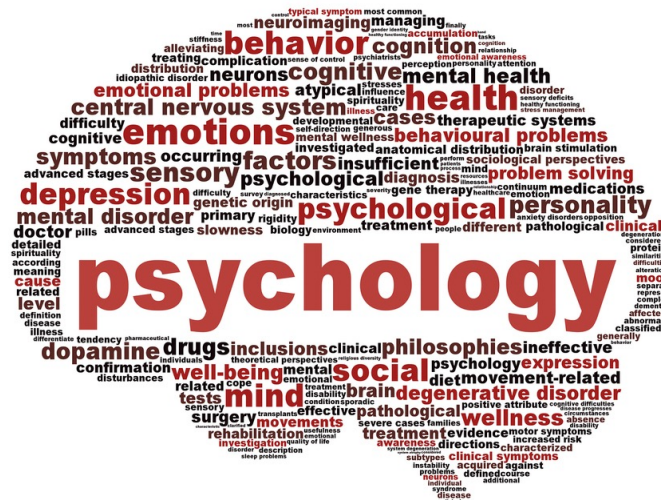
# Clinical Psychology

◦ Dr Catriona Irvine





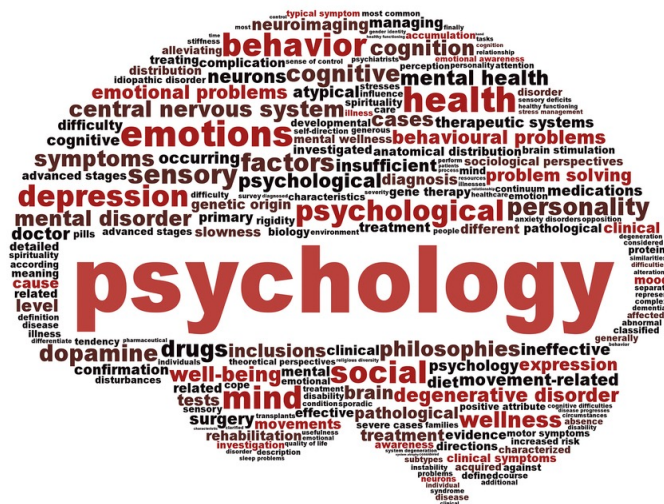
# Clinical themes from Clinic



- Memories of ICU:
  - Delirium can be very disturbing or affecting
  - Experience of helplessness, vulnerability, complete dependence
- Health anxiety:
  - Increased feeling of vulnerability to harm
  - Fear of death or further critical incidents
- Adjustment to longer term health changes:
  - Grief and sadness at losses
  - Frustration at pace of recovery or new limitations

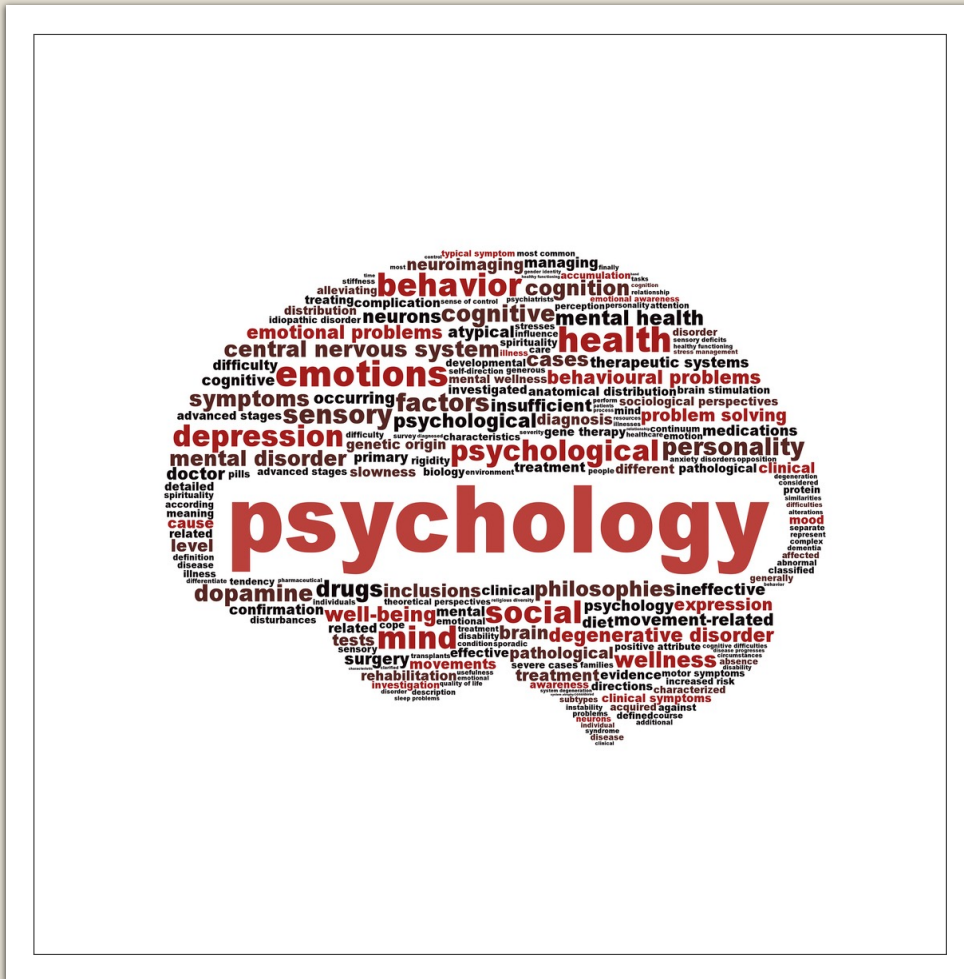


# Numbers seen to date in clinic



Outcome from clinic:	N (%)
Clinical Health Psychology	58 (25.4)
Self help at clinic and discharge	35 (15.4)
Signpost	26 (11.4)
Discharged	109 (47.8)
Total	228

# Story so far



Outcome from clinic:	N (%)
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Of patients signposted: (N=26)	N (%)
Voluntary sector referral (psychologist or patient refer)	12 (46.2)
Other Clinical Psychology Service (psychologist refers)	2 (7.7)
Mental health service or well being hub (GP refers)	12 (46.2)

Of patients discharged at clinic: (N=109)	N
Already under suitable service	22 (20.2)
Declined onward referral	12 (11)
No action required	75 (68.8)

