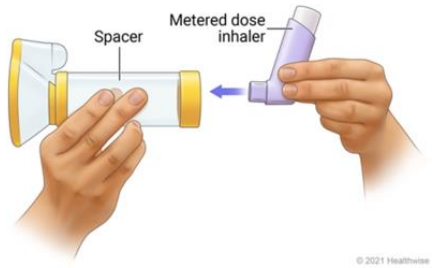
How To Use Metered dose Inhaler and Aerochamber Plus Child Face mask Spacer

CHECK the **EXPIRY** DATE on the inhaler canister.

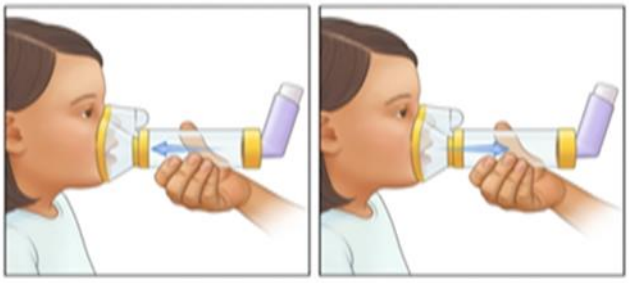
REMOVE Dust **CAP** (check no foreign object inside)

1. **Hold** inhaler in **UPRIGHT** position, **SHAKE INHALER vigorously 5 times**
2. Place the **inhaler in upright** position securely in rubber **adapter port at back** of spacer.





3. The child should be sitting / standing upright. Ensure **correctly fitting Spacer Mask** (Yellow or Purple). Place the **Mask over the child's mouth and Nose,** create a **good seal (No gapping),** ensure seal maintained. The head position should be in **neutral or chin tilted slightly upwards.** (A screaming, crying child gets no or little medication, likewise with a loose fitting mask.



6. **Press the inhaler ONCE** to release one dose/puff and Encourage the child to breathe **SLOWLY, STEADILY and DEEPLY**, in and out for **5-6 breaths.** (The Valve on face mask should move backwards and forwards with each breath. **NEVER Put more than one puff / dose in spacer at one time.**



7. Following the 5-6 breaths, remove mask from child's face, then **WAIT 30 - 60 Seconds before SHAKING INHALER AGAIN, and repeat EACH step for further dose / puff required. REMEMBER to rinse mouth with water after (STEROID) Preventer inhaler.**