Northern Health and Social Care Trust

Care • Compassion • Community

Managing Malnutrition Together Reducing Costs



Working together Excellence Openness & Honesty Compassion

#teamNORTH

Northern Health and Social Care Trust

Care • Compassion • Community

The Impact of Malnutrition

It has been estimated that malnutrition affects;

- Over 11.6 million people in UK
- 1 in 10 people over 65 years
- Around one in three residents in Northern Ireland nursing homes (BAPEN, 2015)





Working together · Excellence · Openness & Honesty · Compassion

#teamNORTH

Untreated malnutrition consequences

Physical and functional decline → **Poorer clinical outcomes** → **Greater healthcare use**

Strength
Quality of life
Recovery
Immune response

Infections
Wounds
Complications
Falls
Death

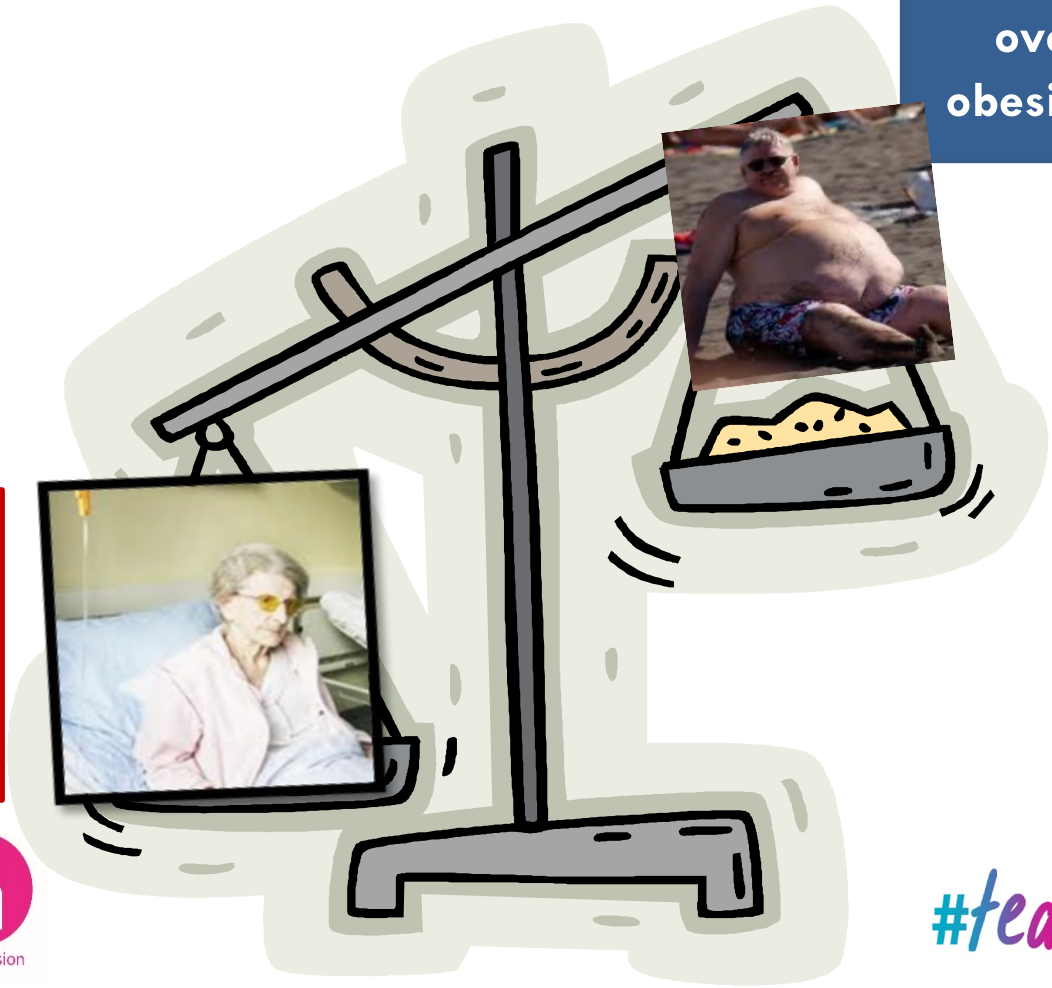
Hospital admissions & stay
GP visits
Prescription costs

Northern Health and Social Care Trust

Care • Compassion • Community

Healthcare costs consistently exceed those of obesity and overweight combined

Direct healthcare costs related to overweight and obesity ≥£4.2billion

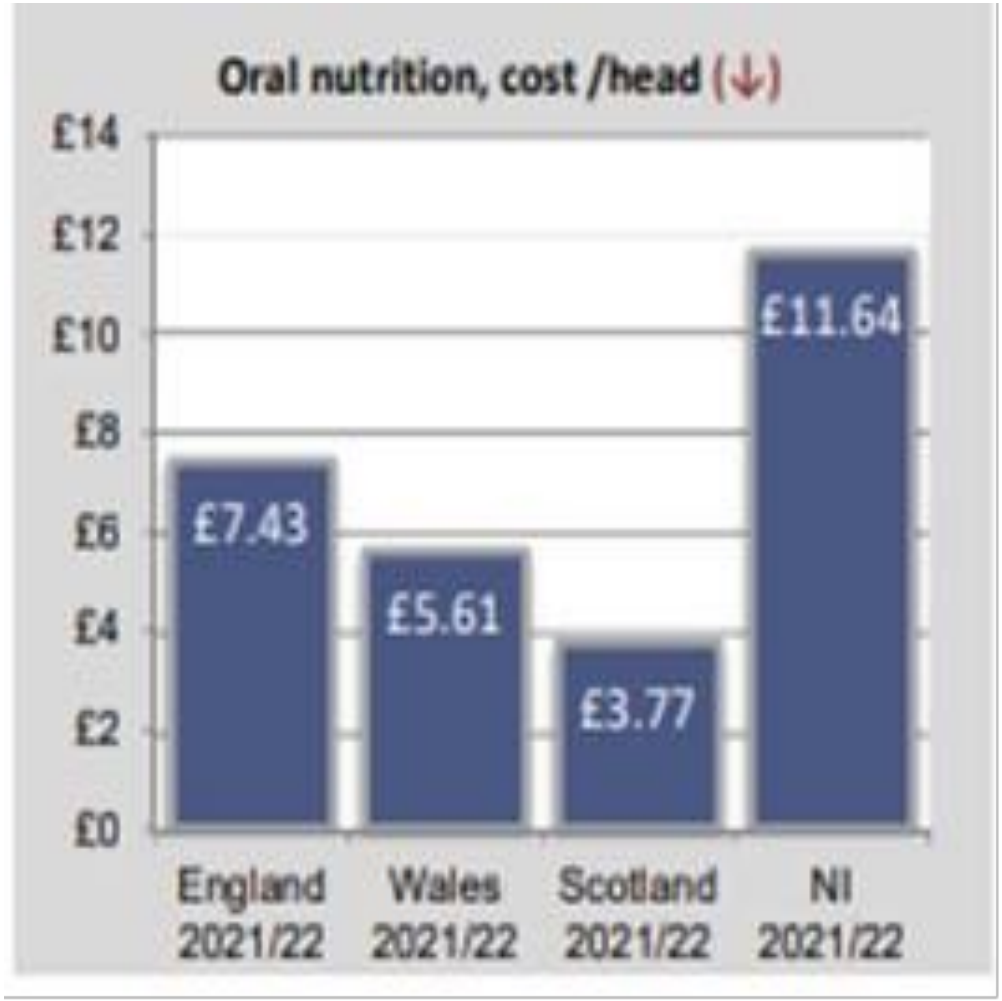


Direct healthcare costs related to undernutrition £43 billion /an extra £5253 per patient

Working together · Excellence · Openness & Honesty · Compassion

#teamNORTH

Data Comparison



Northern Health and Social Care Trust

Care • Compassion • Community

Prescribing Support Dietetic Team

Northern Trust
Kathryn Duff - Interim PSD Team Lead
Kathryn Hudson - PSD
Ursula Quinn - PSA

Western Trust
Sheila McVeigh - PSD
Sarah Murphy - PSD
David Cairns - PSA



Belfast Trust
Michelle Graham-Steel - PSD
Shelley Hindes - PSA

South Eastern Trust
Lynn McCotter - PSD
Margretta McCully - PSA

Southern Trust
Elizabeth Armstrong - PSD
Emma McPeake - PSA

Working together · Excellence · Openness & Honesty · Compassion

#teamNORTH

Northern Health and Social Care Trust

Care • Compassion • Community

Treating Malnutrition

7 Steps to Appropriate Prescribing of Adult Oral Nutritional Supplements

(Northern Ireland Formulary, chapter 9.4 Oral Nutrition)



Working together Excellence Openness & Honesty Compassion

#teamNORTH

Northern Health and Social Care Trust

Care • Compassion • Community

Always Promote Food First.....

NUTRITIONAL ACTION PLAN

1. pint of fortified milk
2. extra snacks
3. fortified meals
4. week review



Working together · Excellence · Openness & Honesty · Compassion

#teamNORTH

Northern Health and Social Care Trust

Care • Compassion • Community

4 Week Review- Commencing Oral Nutritional Supplements

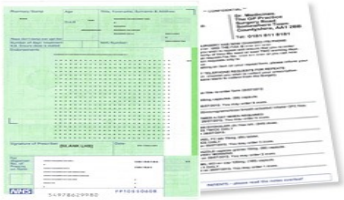
Review

Working together Excellence Openness & Honesty Compassion

#teamNORTH

Cost Effective Prescribing

- Consider 2 each day as a clinically effective dose
- Powdered ONS are the **most cost effective** choice



Product	Presentation 57g sachet	Nutritional Content per sachet made with 200mls full fat milk	Cost per Serving
Foodlink® Complete	Flavour Vanilla (with added fibre), Banana, Strawberry, Chocolate and Neutral	385kcal 18.5g protein	52p
AYMES® Shake	Flavour, Vanilla, Banana, Strawberry, Chocolate and Neutral	388kcal 15.7g protein	52p
Ensure Shake	Flavour Banana, chocolate, strawberry and vanilla	389kcal 17g protein	57p

Northern Health and Social Care Trust

Care • Compassion • Community

NI Formulary Launch



Tuesday 13th June 2023 (via ZOOM) @ 10:00am–12:15pm

Thursday 15th June 2023 (live event) @ 10:00am to 12:30pm OR 1:30pm to 4:00pm (Seamus Heaney Homeplace, 45 Main St, Bellaghy, BT45 8HT)

There is no charge for this event

Working together · Excellence · Openness & Honesty · Compassion

#teamNORTH

Advances in Supporting Primary Care

- Review template has been developed for ONS Prescribing with EMIS
- VISION is in development
- Aim is to assist with the initiation of ONS prescribing
- Factoring MUST score
- What needs checked at 1 month review and 3 month review

Northern Health and Social Care Trust

Care • Compassion • Community

Any Questions?



Kathryn Duff

Interim Team Lead, Prescribing Support Dietetic Team

Contact 07767220197

Kathryn.duff@northerntrust.hscni.net

Working together · Excellence · Openness & Honesty · Compassion

#teamNORTH