

TOP GP GUM TIPS

June 2022

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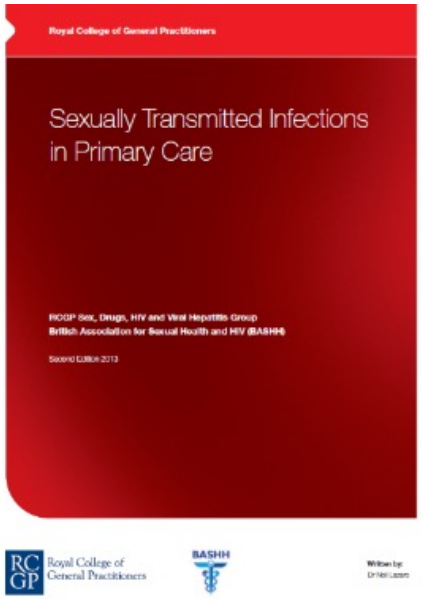


Education Resources

- BASHH – British association of sexual health and HIV
- Patient information leaflets https://www.bashhguidelines.org/patient-information-leaflets/
- BHIVA – British HIV association
- BASHH/RCGP guidelines https://www.rcgp.org.uk/-/media/Files/CIRC/RCGP-Sexually-Transmitted-Infections-in-Primary-Care-2013.ashx?la=en
- Institute of Psychosexual Medicine
- https://www.e-lfh.org.uk/programmes/sexual-health-and-hiv/
- STIF course www.stif.org.uk/

BASHH

BHIVA
British HIV Association



Services

www.sexualhealthni.info/gum-clinics-northern-ireland







Other services

- Common Youth (<25yrs old GUM and psychosexual) 02890328866
- SERC Colleges/University clinics
- National sexual health helpline 0300 123 7123
- Outreach clinics
- Charities
- Online services
- Private clinics

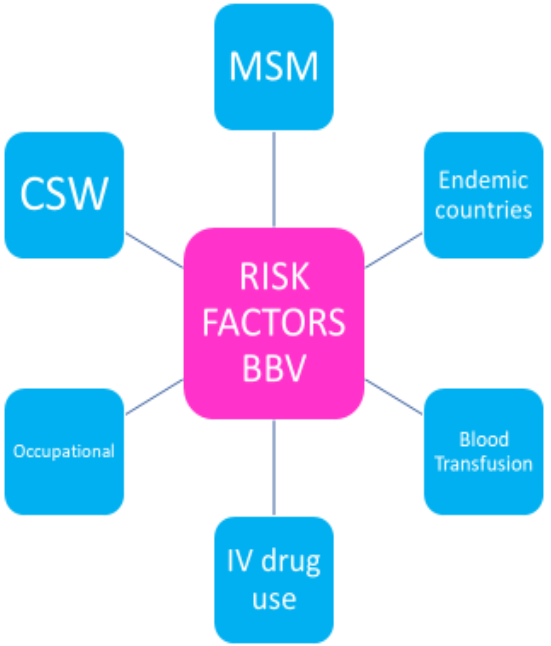
Covid and screening

- Online testing
- www.SH24.org.uk
- for asymptomatic screening
- CT/GC/Syphilis/HIV

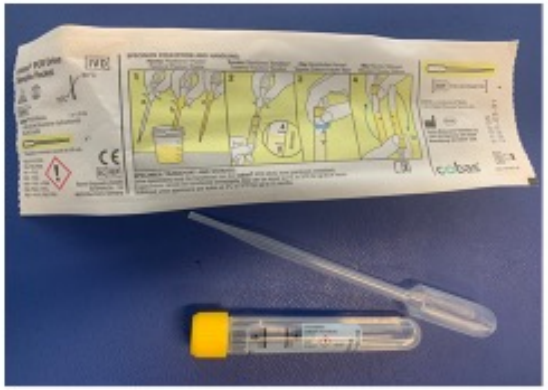




BBV RISK FACTORS



Screening







MALES	FEMALES	MSM
CT/GC URINE	CT/GC VULVOVAGINAL SWAB	CT/GC URINE
	?CT/GC RECTAL (not routinely)	CT/GC THROAT
		CT/GC RECTAL
HIV/SYPHILIS/HEP B/C	HIV/SYPHILIS/HEP B/C	HIV/SYPHILIS/HEP B/C

MSM

- Refer to GUM
- Rectal/oral swabs for CT/GC
- Other infections to consider: LGV
- Hepatitis A/B vaccination
- HPV vaccine <45yrs old
- PEP/PREP education
- Window periods





TOP TIPS

Window periods

- CT/GC – 2 WEEKS
- BBV – 3 MONTHS

BUT 2020 guidelines changed

HIV FOURTH GENERATION TESTS 45 DAYS

British HIV Association/British Association for Sexual Health and HIV/British Infection Association Adult HIV Testing Guidelines 2020

- Evidence grading for HIV indicator conditions (where HIV test is recommended), Sexually transmitted infection
- Malignant lymphoma
- Anal cancer/dysplasia
- Cervical dysplasia
- Herpes zoster
- Hepatitis B or C (acute or chronic)
- Unexplained lymphadenopathy
- Mononucleosis-like illness
- Community-acquired pneumonia
- Unexplained leukocytopenia/ thrombocytopenia lasting >4 weeks
- Seborrhoeic dermatitis/exanthema
- Peripheral neuropathy
- Severe or atypical psoriasis
- Mononeuritis
- Unexplained weight loss
- Multiple sclerosis-like disease
- Unexplained chronic diarrhoea
- Unexplained chronic renal impairment

Chlamydia

Updated management 2018 BASHH	First line treatment uncomplicated urogenital infection	Second option
	• Doxycycline 100mg BD 7 days	• Azithromycin 1g orally single dose, followed by 500mg OD for two days



- Mycoplasma genitalium
- Single dose Azithromycin less effective rectal CT



Rectal bleeding

Have you considered an STI?


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Health
Super-gonorrhoea spread causes 'deep concern'
By James Gallagher
Health and science correspondent, BBC News
9 January 2019


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Health
Man has 'world's worst' super-gonorrhoea
By James Gallagher
Health and science correspondent, BBC News
28 March 2018


THE Sun
MONEY | DEAR DEIDRE | TECH | TRAVEL | MOTORS | PUZZLES
SUPERBAD Mutant 'super gonorrhoea' strain on rise in perfect storm with Covid-19 as STI could become 'untreatable'
EXCLUSIVE

REFER TO GUM

Gonorrhoea

- Refer to GUM
- Cultures
- First line empirical treatment is now monotherapy with ceftriaxone 1 g intramuscularly
- Epidemiological treatment is recommended only for those presenting within 14 days of exposure.
- For those presenting after 14 days of exposure ; treatment based on the results of testing
- If antimicrobial susceptibility test results from all sites of infection are available prior to treatment and the isolate is sensitive to ciprofloxacin, then this should be used for treatment in preference to Ceftriaxone
- Test of cures in 3 weeks AND PN





Pelvic pain with no clear cause?

- Consider PID
- Thought to be underdiagnosed
- Not dependant on CT/GC swab being positive
- Clinical diagnosis of exclusion

The Great Imitator





Ulcer

Lymphadenopathy

Rashes

- Widespread
- mucocutaneous
- May be itchy
- Can affect palms and soles

Mucous patches (buccal, lingual and genital)

Condylomata lata (highly infectious, mainly affecting perineum and anus)

Hepatitis

Splenomegaly

Alopecia

Glomerulonephritis



Neurological complications

- Acute meningitis
- Cranial nerve palsies
- Uveitis
- Optic neuropathy
- Interstitial keratitis and retinal involvement

Late syphilis – cardiology, neurology

Repeat requests for canestan cream on acutes?

Exam for other pathology

Vulvovaginal Candidiasis

- Culture is no longer recommended as
- a primary laboratory investigation for acute VVC

- Culture is still recommended for recurrent VVC with appropriate speciation and sensitivity testing

- Ensure that other vulval pathologies are not missed

- Ketoconazole is no longer recommended for the treatment of VVC

- Oral azoles – continue to avoid in pregnancy, at risk of pregnancy and whilst breastfeeding

PREP



- PrEP – the branded drug Truvada or its generic equivalent.
- On demand verses daily regime
- U+E/ HIV test monitoring
- https://www.iwantprepnow.co.uk/how-to-take-prep/
- Drug interactions https://www.hiv-druginteractions.org/

U=U

This protection from ART depends on:

Taking ART every day.

Having undetectable viral load for at least 6 months.

Continuing to take meds every day.



In all STI diagnosis remember

Need a full screen

Consider

If in doubt ask GUM

- Partner notification
- Window periods
- Risk of re infection

