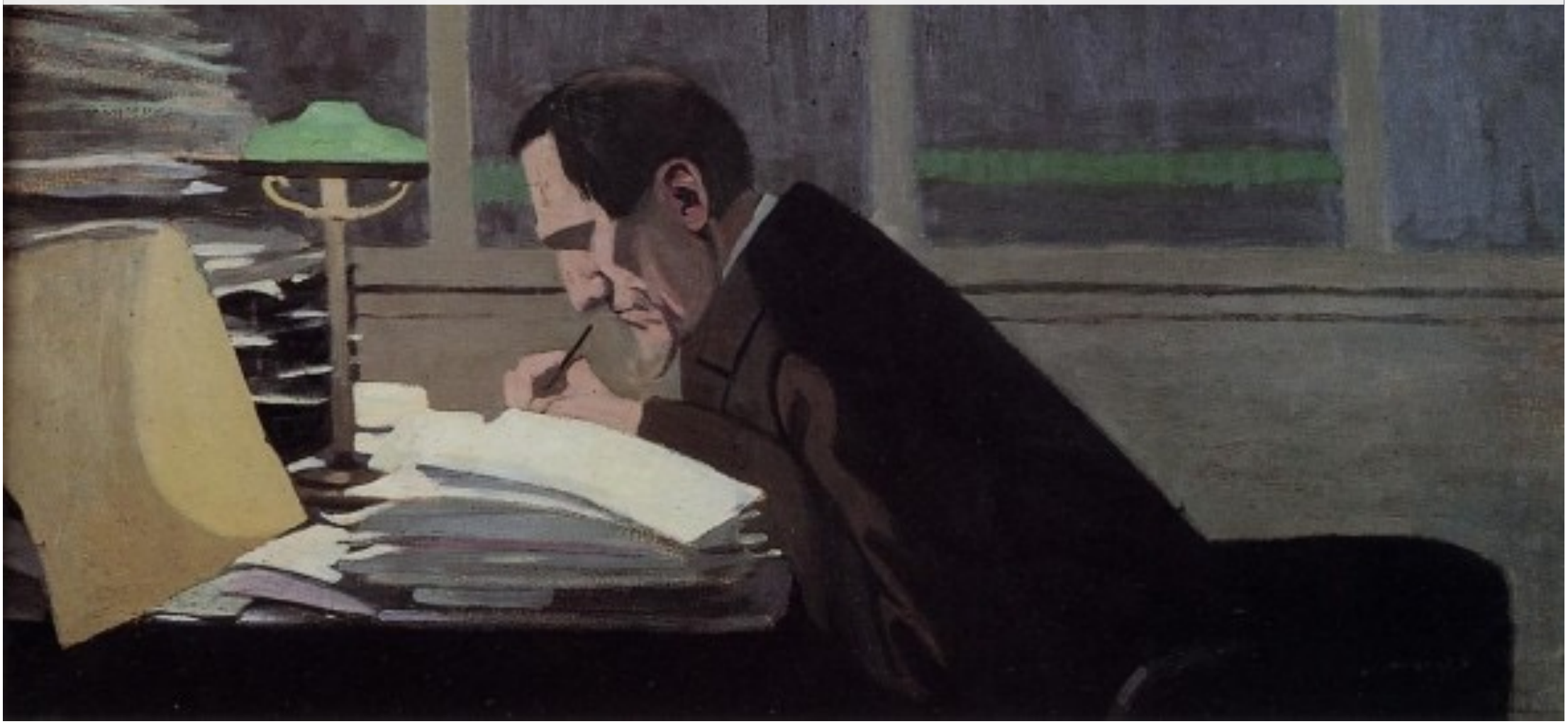
Audit – a lonely exercise!




Mourne
Family Surgery
Mourne
Family Surgery
Mourne
Family Surgery

The Team!

Transforming Medication Safety Northern Ireland

HSCQI Medication Safety – Opioid Improvement Collaborative Programme

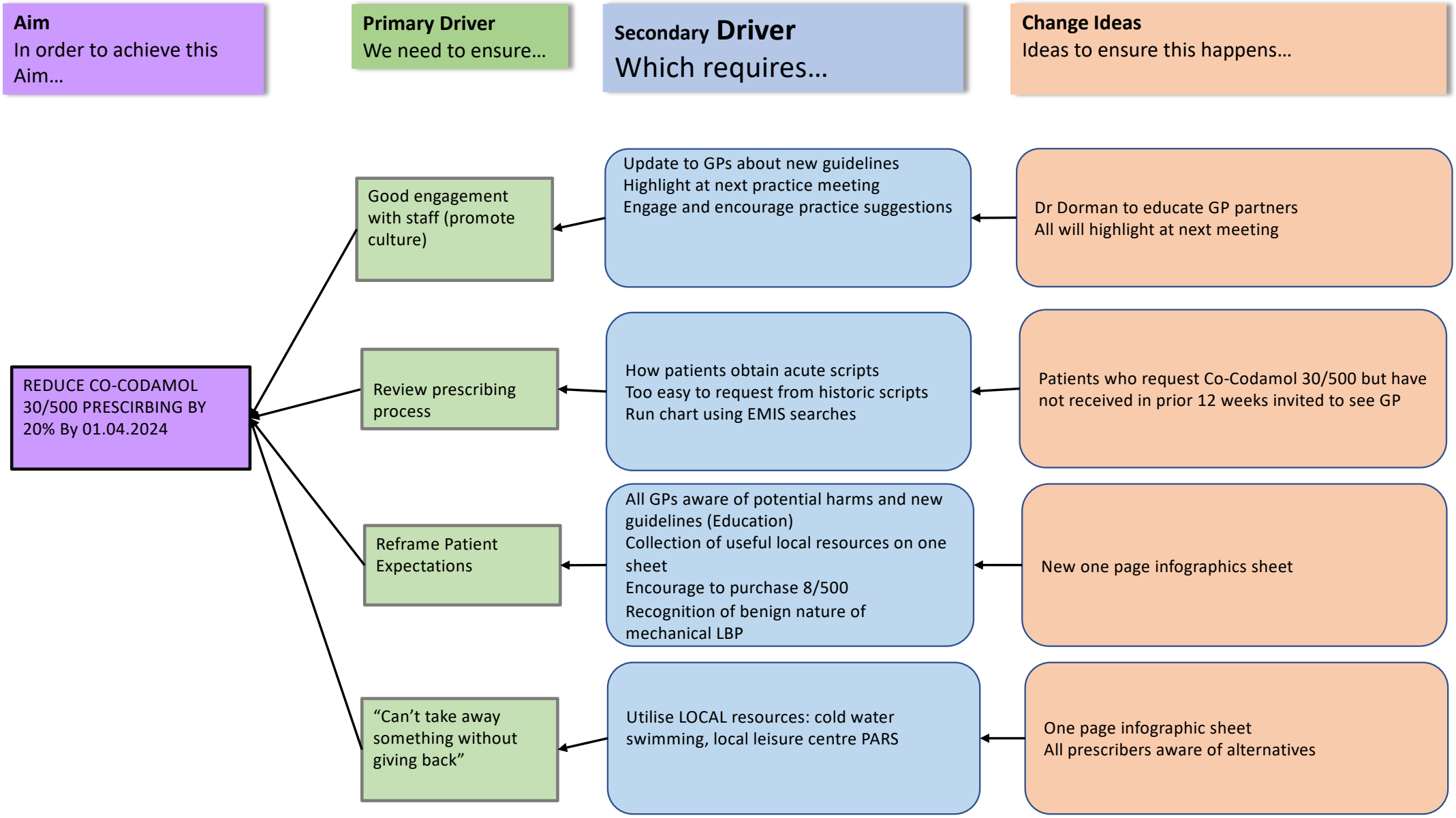
About the improvement project

Aim statement	To reduce the number of Co-Codamol 30-500 prescriptions by 20% by April 2024 as measured by Jan-March 2024 COMPASS Prescribing Statement. "20 by 24"

How will we know if change is an improvement?

Outcome measure	Process measure	Balancing measure
A 20% Reduction in Co-Codamol 30/500 prescriptions	Run chart interrogating EMIS system	Has there been a rise in Co-Codamol 15/500 prescriptions? ?Extra GP workload

Change ideas to test	• No renewal of Co-codamol 30/500 if haven't requested in 12 weeks without GP appointment • Educate all GPs and prescribers new pain guidelines (NICE) • Introduce new single page patient infographic • Staff engagement – meeting and informally


Aim
In order to achieve this Aim…
Primary Driver
We need to ensure…
Secondary Driver
Which requires…
Change Ideas
Ideas to ensure this happens…
REDUCE CO-CODAMOL 30/500 PRESCIRBING BY 20% By 01.04.2024
Good engagement with staff (promote culture)
Update to GPs about new guidelines
Highlight at next practice meeting
Engage and encourage practice suggestions
Dr Dorman to educate GP partners
All will highlight at next meeting
Review prescribing process
How patients obtain acute scripts
Too easy to request from historic scripts
Run chart using EMIS searches
Patients who request Co-Codamol 30/500 but have not received in prior 12 weeks invited to see GP
Reframe Patient Expectations
All GPs aware of potential harms and new guidelines (Education)
Collection of useful local resources on one sheet
Encourage to purchase 8/500
Recognition of benign nature of mechanical LBP
New one page infographics sheet
“Can’t take away something without giving back”
Utilise LOCAL resources: cold water swimming, local leisure centre PARS
One page infographic sheet
All prescribers aware of alternatives

“We can cut this off directly at the front desk.” Gemma – October 2023

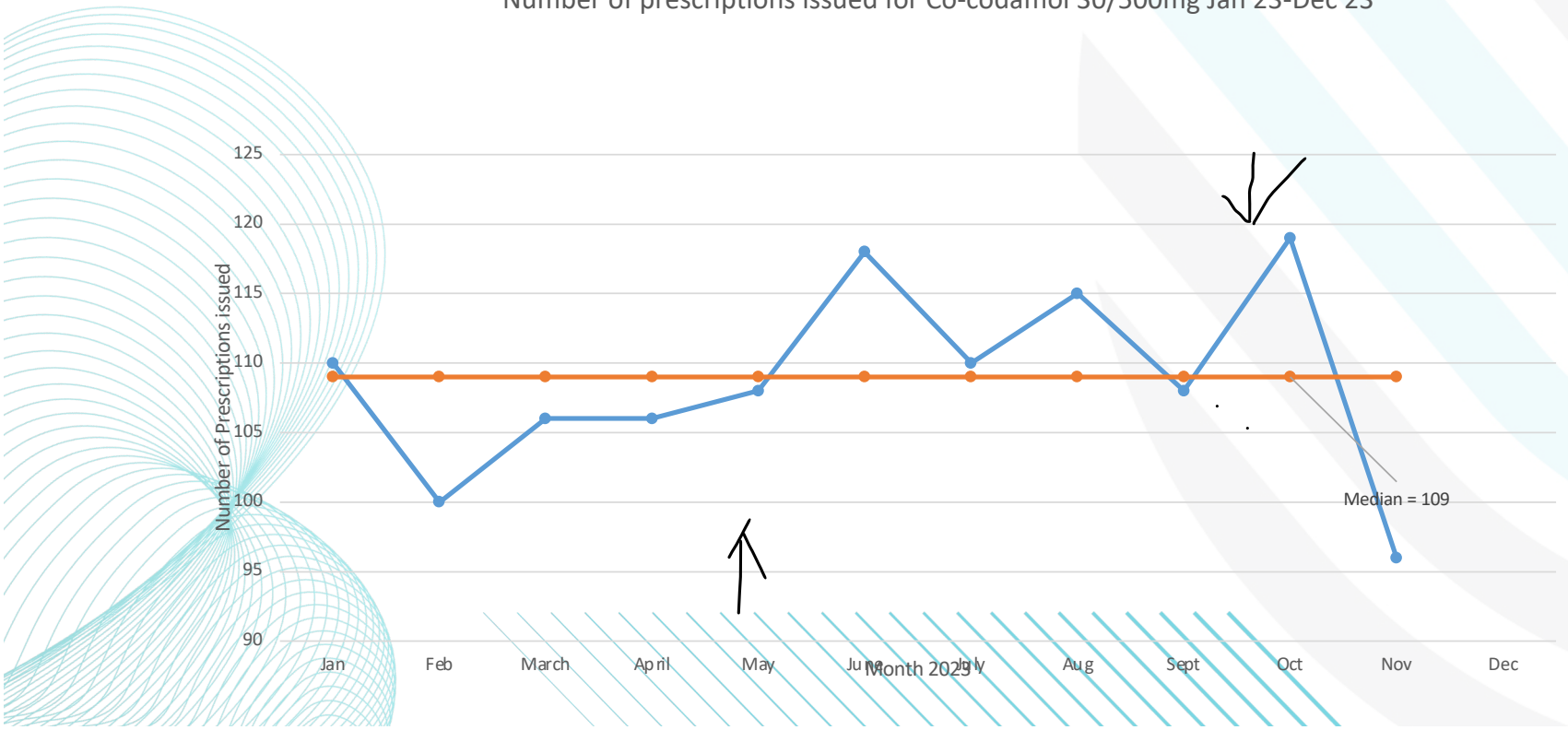


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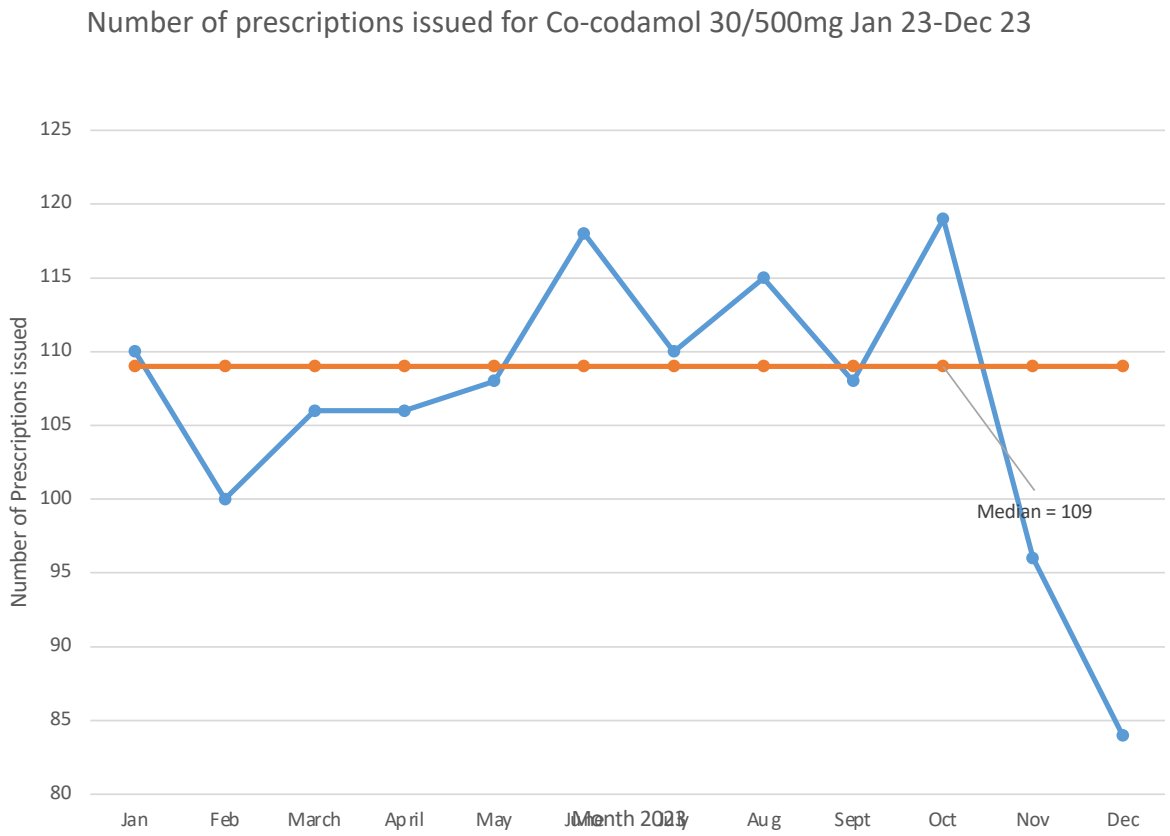
Key Learnings, Risks, Questions

Exciting early work!

Number of prescriptions issued for Co-codamol 30/500mg Jan 23-Dec 23

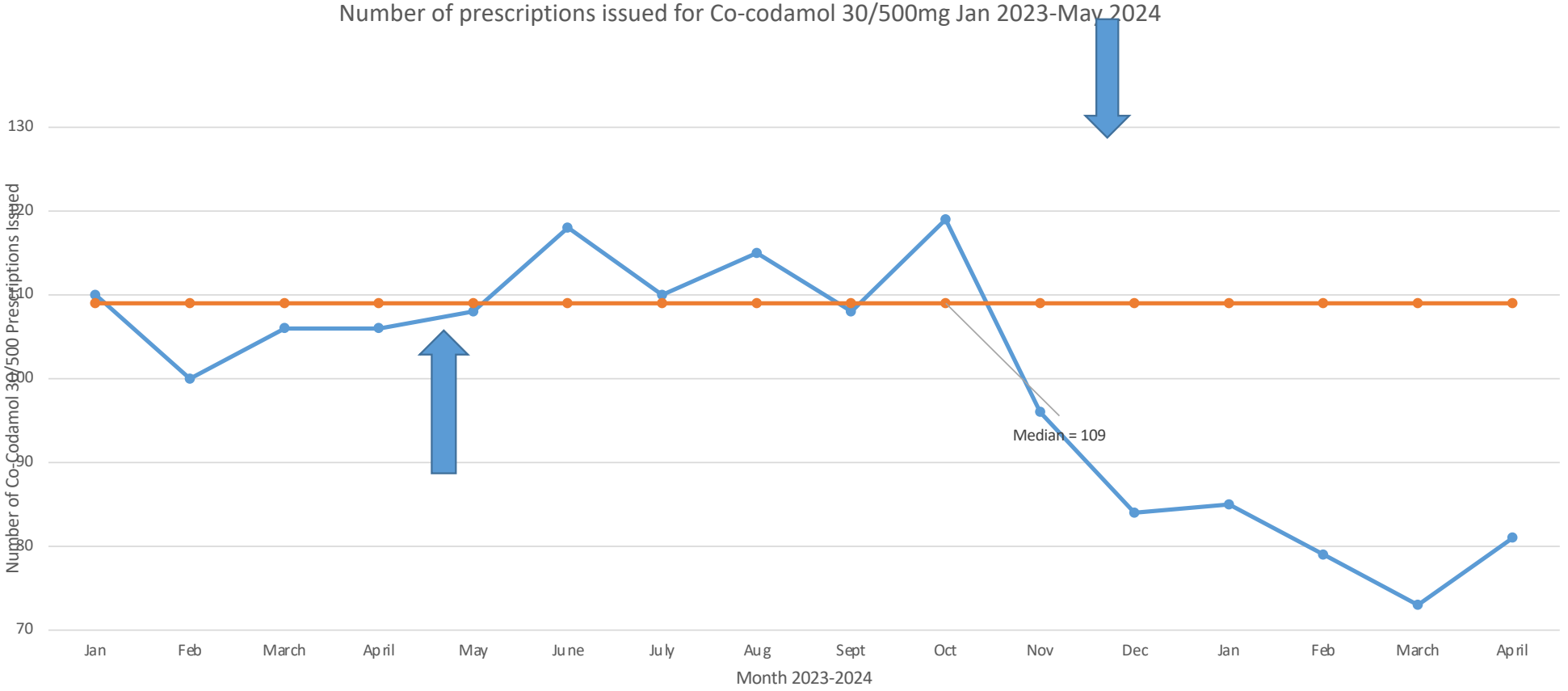


Promising Start!



HSCQI
Inspire • Connect • Improve

New Systems Are Here To Stay



Leaflet For Patients – Be Honest What Works!

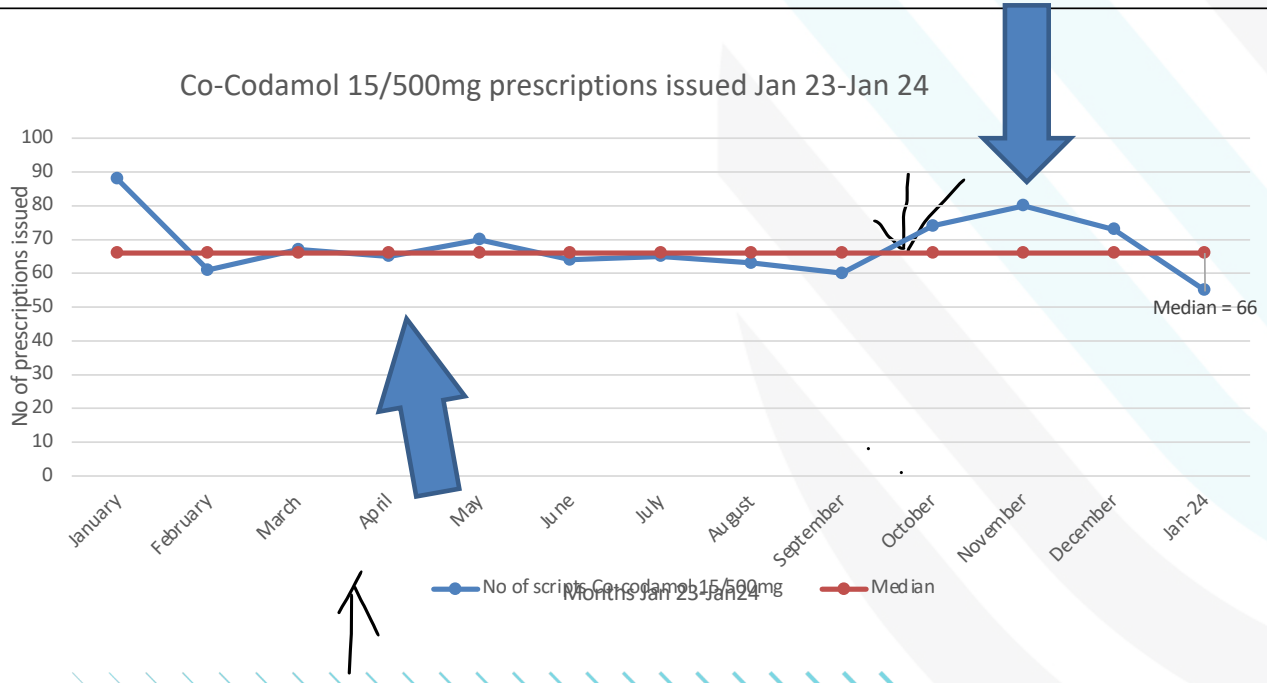


- Survey of GPs – after 2 months only 1 in 5 were using - me! (one forgot it even existed!)
- No hard data on extra appointments but regular feedback of no excessive extra work.

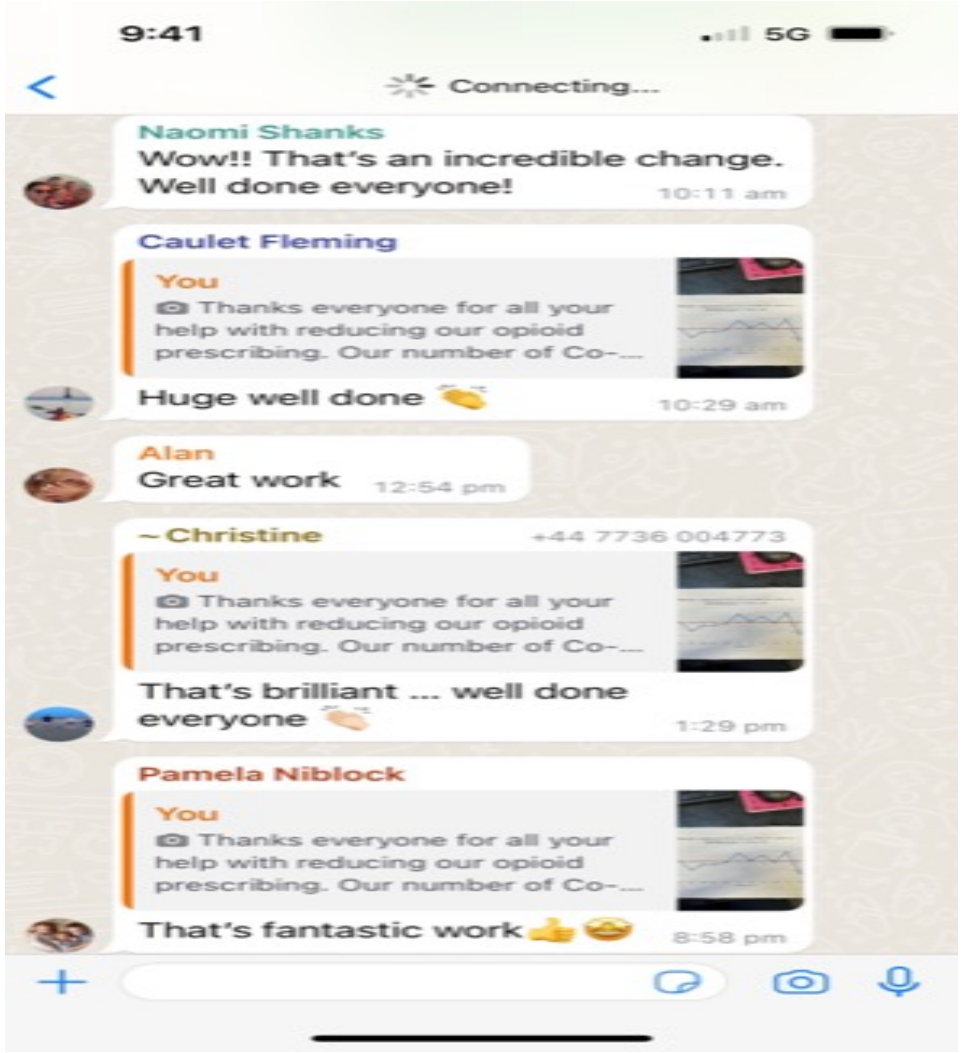
Transforming Medication Safety
Northern Ireland

Key Learnings, Risks, Questions

Balancing Measures



Whole Team Became Interested And Supportive!



Share The Learning from our QI

- Establish a team – Receptionist and GP Pharmacists are ideal
- Make it more difficult to obtain Co-Codamol 30/500
- Be honest what works – leaflets not much help for us.
- Keep an eye on balancing measures – wish we had formally measured additional appointments but 15/500 stable
- Use run charts to keep focus
- Keep sharing work with entire practice – gains interest which turns into practical support

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Inspire • Connect • Improve