

Who am I?

Emma McCammon – Pharmacy Adviser, SPPG

Regional Prescribing Lead Areas:

- Infant Formula
- Vitamins and Minerals

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Health and
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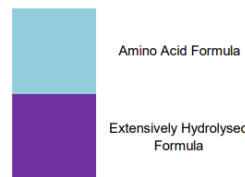
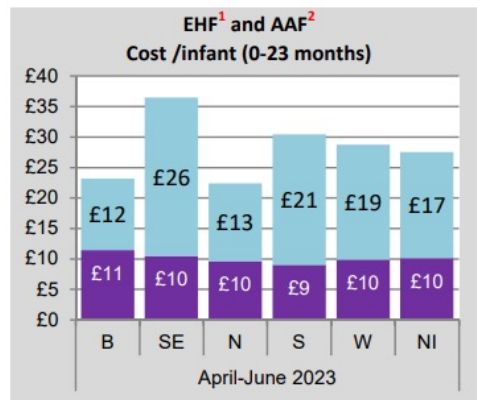
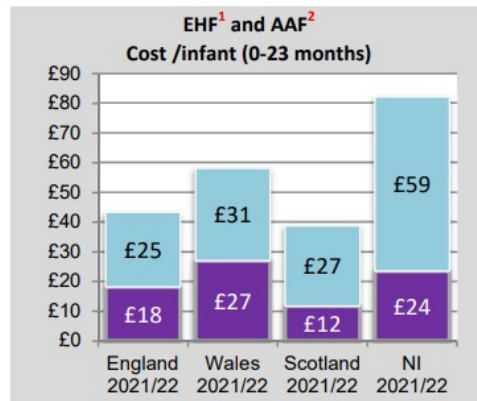
Infant Feeding



Strategic Planning and Performance Group



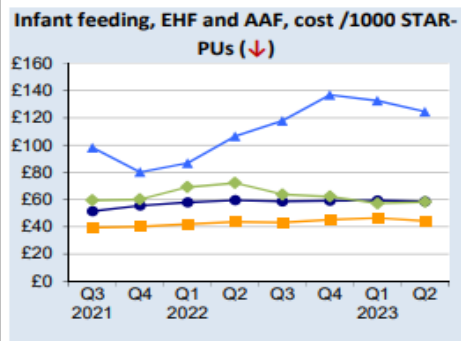
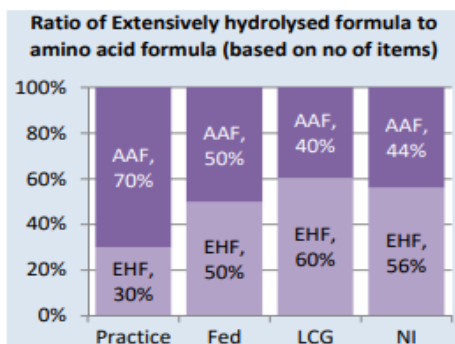
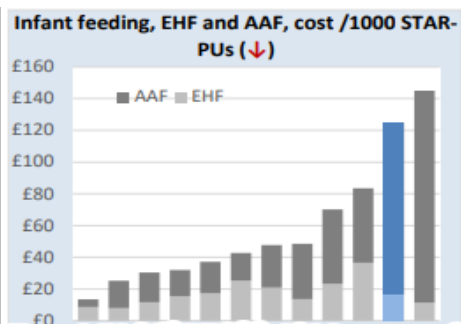
NI Position



- Spend in 2022/23 on products for CMA was over £5m.
- Northern Ireland spend is significantly higher than the rest of the UK.
- Higher proportion spent on Amino Acid formula – should only be needed in approx. 10% of infants.

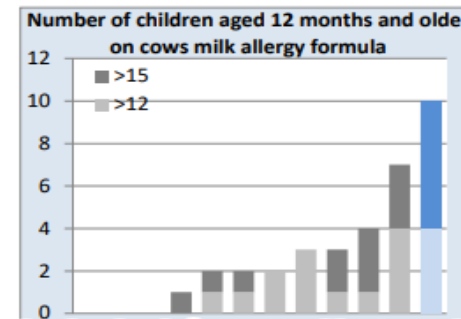
Practice Level Data

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1st Line: Extensively Hydrolysed Formula (EHF)
 Products included are:
 Milupa Aptamil Pepti 1 and 2
 Nutramigen with LGG 1 and 2
 Similac Alimentum
 SMA Althera

2nd Line: Amino Acid formula (AAF)
 Products included are:
 Neocate LCP and Syneo
 Nutramigen Puramino
 SMA Alfamino



April-June 2023

Key messages at Initiation

- Support family with recognising “normal infant behaviours”
- Support parents who are breastfeeding to trial an exclusion diet if CMA suspected.
- Extensively hydrolysed formula (eHf) is first line choice if CMA suspected, including where symptoms suggest severe allergy or suspected IgE allergy.
- Trial of 2-4 weeks should be completed before considering switching to an amino acid formula (AAF).
- [Home challenge](#) should be done to confirm diagnosis before referring to dietetics.

Key messages beyond 12 months

- Beyond 12 months the majority of babies who have not started/completed the [Milk Ladder](#) and are still exhibiting symptoms of CMA should be able to transition to a supermarket bought milk alternative. Prescribers should be able to review and deprescribe those appropriate.
- **ONLY** consider prescribing eHF or AAF to a maximum of 18 months of age if CMA **and** poor growth/intake.
- There are some instances where hydrolysed formulae are prescribed for indications other than CMA, and in these instances, it may be appropriate to continue prescribing beyond 12 months. These include;
 - Multiple food allergies.
 - Elemental diet requirement.
 - Gastro-intestinal disorders.
 - Short bowel syndrome.

Prescribing Support Materials

- Prescribing guidance hosted on Primary Care Intranet.
[Prescribing-Guidance-for-Specialist-Infant-Formula-Feeds-02022022.pdf \(hscni.net\)](#)
- Training event recorded in Feb 2022 in collaboration with PHA and Trust Dietitians [Infant Feeding on Vimeo](#)
- Currently working along-side HV and Infant Feeding leads from all five Trust areas as well as paediatric dietitians from the Trust.