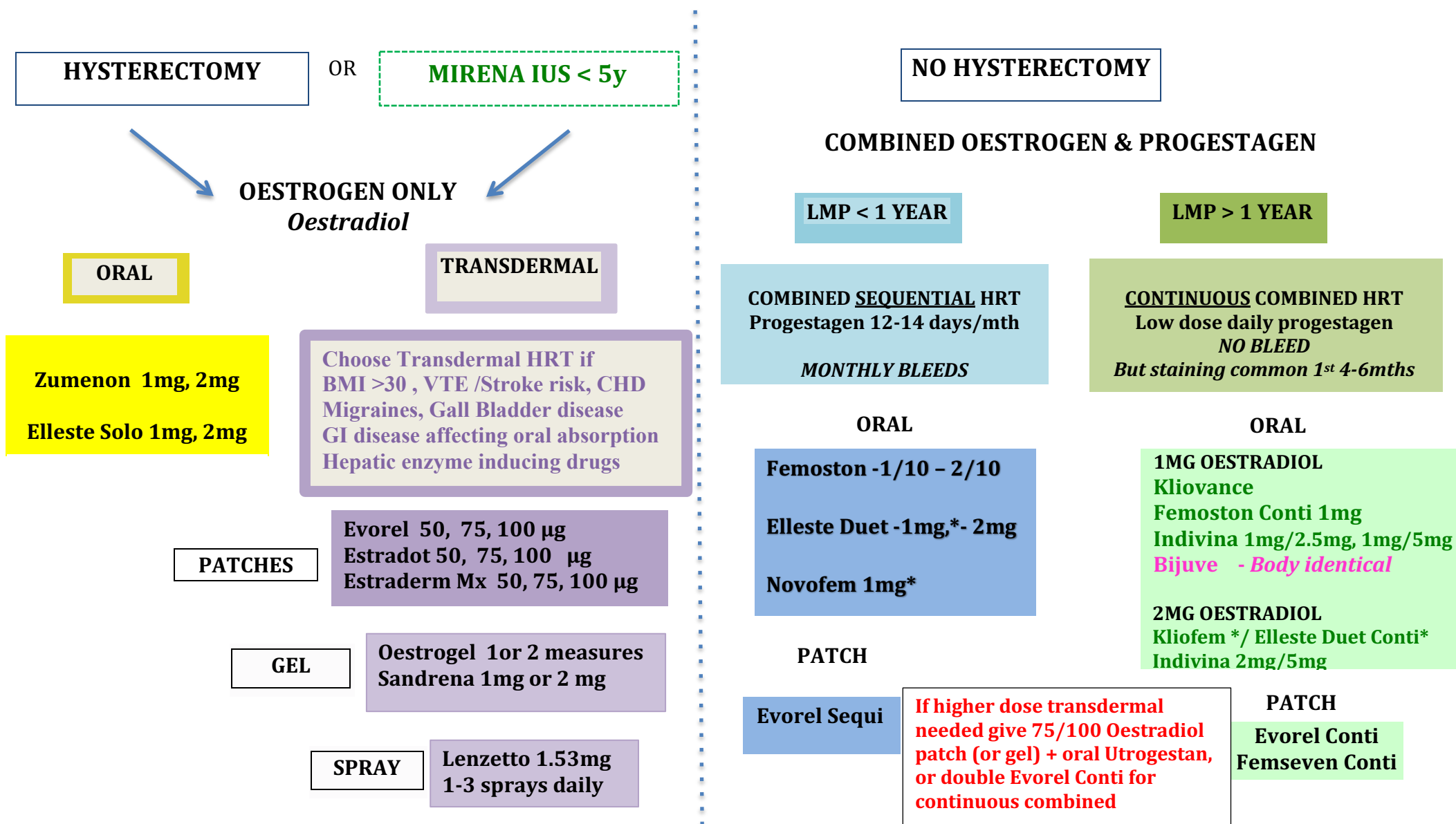


BELFAST TRUST HRT CLINIC - 'STARTING TREATMENT' GUIDE



BODY IDENTICAL HRT- Bijuve (oral)
or Oestradiol tablet, patch, gel, spray
+ Utrogestan (if uterus intact) 200mg 12 days per month *sequential*
100mg daily - *continuous (irregular bleeding common)*

Different Progestagens

Norethisterone in Kliovance, Kliofem, Novofem, Elleste Duet & Evorel conti/sequi

Dydrogesterone in Femoston

Medroxyprogesterone acetate in Indivina **Micronised Progesterone** in Bijuve

* both tablets contain the same oestrogen & progestagen at same doses